

C1 UPRIGHT LIFECYCLE EXERCISE BIKE

1



Track Connect 2.0 with Enhanced Bluetooth

CHOOSE YOUR CONSOLE

Track Connect 2.0 with Enhanced Bluetooth®: Enhanced Bluetooth® enables pairing with an Apple Watch® or Samsung Galaxy Watch® as well as Apple® or Android® smartphones. This lets you connect seamlessly to the bike for extremely accurate workout information. A dual-zone design separates entertainment and workout specific areas.



Go

Go Console: Combines ease of use with 13 engaging and motivating workouts.

2



HEART RATE MONITORING

Contact heart rate sensors allow for convenient heart rate monitoring

3



READY TO RIDE

Standard self-balancing pedals with ratcheting straps

4



AUTHENTIC STYLING

Ergonomically-designed, racing style handlebars

5



ACCESSORIES IN REACH

Front mounted water bottle holder and built-in reading rack

Precisely engineered to deliver the most natural-feeling upright riding position, which ensures a comfortable, effective home workout.

Choose between the engaging and interactive Track Connect 2.0 with Enhanced Bluetooth® Console and the intuitive Go Console.



Shown with Track Connect 2.0 with Enhanced Bluetooth®

SPECIFICATIONS

SPECIAL FEATURES	C1
Heart Rate Monitoring: Contact heart rate hand sensors on handlebars	●
Telemetry heart rate monitoring (Wireless chest strap included with console)	●
Seat: Standard upright seat	●
Handlebars: Ergonomically-designed racing-style handlebars	●
Pedals: Standard self-balancing pedals with ratcheting straps	●
Accessories: Front-mounted water bottle holder	●
TECHNICAL SPECIFICATIONS	
Resistance levels	20
Seat adjustments	14
Maximum user weight	300 lbs 135 kg
Unit length	41" 104 cm
Unit width	24" 60 cm
Unit height	56" 142 cm
Unit weight	116 lbs 53 kg
Power requirements: Plug-in (all major voltage configurations)	●
Safety: CE, CSA, FCC, TUV, UL	●
Warranty Limited lifetime warranty on frame; 3-year on electrical and mechanical parts; 1-year on labor (warranties outside the U.S. may vary)	●

CONSOLE SPECIFICATIONS

DISPLAY	TRACK CONNECT 2.0	GO
Instructional message center	●	●
WORKOUTS		
Number of workouts	16	13
Classic workouts (Manual, Random, Hill)	●	●
Advanced workouts:		
EZ Incline, Sport Training	●	●
Fit Test	●	—
HeartSync™ heart rate controlled workouts (Fat Burn, Cardio, Heart Rate Hill,™ Heart Rate Interval,™ Extreme Heart Rate™)	●	●
Goal workouts (Calories, Distance, Target Heart Rate)	●	●
HIIT: Custom high intensity interval training	●	—
Custom workouts per user Profile	3	1
SPECIAL FEATURES		
Quick Start	●	●
Race mode	—	●
Warm Up and Cool Down mode	●	●
User profiles	4	2
Compression entertainment rack	●	—
Mobile device compatibility: Bluetooth® Proximity, NFC, FTMS capability (Enhanced Bluetooth capabilities not compatible with previous models)	●	—
Life Fitness Connect: Extremely accurate workout tracking, Life Fitness™ On Demand classes, adaptive audio coaching, workout creation and more (download from the Apple App Store™ or Google Play™)	●	—
Compatibility with 3rd party apps	●	—
Bluetooth® and NFC connection	●	—
Energy Saver	●	●
LANGUAGES		
Languages: English, Russian, Spanish and German, French	●	—
WORKOUT FEEDBACK		
Incline/Level, Time, Speed (mph, km/h, rpm), Distance, Heart Rate, Target Heart Rate, Calories, Animated Symbols	●	●
CONSOLE WARRANTY		
3-year on electrical and mechanical parts (3V batteries excluded); 1-year on labor (warranties outside the U.S. may vary)	●	●

CONSOLE OPTIONS



Track Connect 2.0 with Enhanced Bluetooth



Go